



MIHSSCA Coaches –

Thank you for the invitation to present at your annual clinic. It was great to with a group of coaches that are committed to developing young women and men through the game of soccer.

As promised at the clinic, you will find some session notes attached. During the session we focused on some of the key principles that contribute to the success we experience in our program. I tried to best write session objectives and coaching points in the PDFs, but if you have any questions, please feel free to reach out (wrs8@calvin.edu)

CALVIN SOCCER

COMBINATION PLAY
THEME: GK, POSSESSION

① **CAPTAINS 5 v 2**
COACHING POINTS:
- BALL POSSESSION
- VALUING BALL
- DEFENSIVE SHAPE

② **2 v 1**
Enter 3 balls, 2 touch, 1 touch to 2:1
OR
2:1 2 touch passes
CORNER, RIGHT CORNER, LEFT CORNER, ALSO OTHER

③ **7+3 v 7**
- 6 passes, go to either goal
EMPHASIS:
- FIND CORNERS
- COMBINATION THROUGH MID
- FINISH BALL INTO THROUGH RUN

④ **0.45 5 v 5**

Wunder Taxis, Mahumaza, Harvey, Smith, Bowers, Van Horn, Travis, VandenBeld, Cullen, Niurwenhuis, VanderLugt, Parks, Kilgallon, Smith, Nascimento, Utry, Schau, Niurwenhuis, Postelwait, Augustyn, Twigg, Kilgallon, Wojcik, Akintaga, Lanielle, Szpilowski, Flowerday, Parisien, Seazu, Warbrick

CALVIN SOCCER

THEME: FAVORITES

① **2 v 1**
- BALL PLAYED WIDE
- TOUCH ENDLINE/SERVE
EMPHASIS:
- RUNS
- SERVER ENDLINE

② **FLYING CHANGES**
- 4 v 4
- BALL TIME BALL GOES
- ONCE ENDLINE, NEW 4
- CAN USE FORWARD TARGET
- CAN USE PRIMARY DEF
BALL STAYS HERE
TOO TO BALL
HEAD BACK
HEAD OVER
Volley

Wunder Taxis, Mahumaza, Harvey, Smith, Bowers, Van Horn, Travis, VandenBeld, Cullen, Niurwenhuis, VanderLugt, Parks, Kilgallon, Smith, Nascimento, Utry, Schau, Niurwenhuis, Postelwait, Augustyn, Twigg, Kilgallon, Wojcik, Akintaga, Lanielle, Szpilowski, Flowerday, Parisien, Seazu, Warbrick

CALVIN SOCCER

THEME: ATTACKING LOW BLOCK

① **4+3 v 4**
LONGE BOUNDARIES
COACHING POINTS:
- LIMIT TOUCHES
- TRANSITION QUICKLY
- FIND N/CORNER

② **PITCHERS**
Looking for BALLS IN BAKED BRETS

③ **11 v 4 to 11 v 8**
WORK TO SANITIZE PITCHER MOVEMENTS TO GET BALL TO DANGEROUS SPOTS

IDEAS:
MID → WINGER → CB OVERLAP
DEF MID → WINGER → CB OVERLAP
DEF MID → CB WINGER → TARGET

Wunder Taxis, Mahumaza, Harvey, Smith, Bowers, Van Horn, Travis, VandenBeld, Cullen, Niurwenhuis, VanderLugt, Parks, Kilgallon, Smith, Nascimento, Utry, Schau, Niurwenhuis, Postelwait, Augustyn, Twigg, Kilgallon, Wojcik, Akintaga, Lanielle, Szpilowski, Flowerday, Parisien, Seazu, Warbrick

We appreciate and share your commitment to developing young people through soccer at Calvin University. One of the ways we accomplish this is through our summer camps. These camps are designed to develop player's character and mindset along with their skills and fitness.

To support the work you are doing, we are offering a special opportunity for teams that would like to share a camp experience together. For teams of MIHSSCA coaches (15 or more players) that sign-up for our camp, we will offer either \$500 donation back to your program or \$500 of credit that can be used to support the attendance of players that may not be able to afford a camp experience without financial support.

Included, I would love to personally call/zoom with you prior to camp and after to talk about training goals and objectives you would love to see us train with your group! Please check out our camp website (www.calvinsoccercamp.com) to learn more about the camp and reach out to me for a TEAM CODE and instructions if you are interested in bringing a group to attend the 2022 Calvin Soccer Camp.